答案

Part I Writing

参考范文

Recently, setting clear goals both in our study and life has come into sight as a heated topic, which attracts the attention of the general public. As is shown by a survey, 70% of participants with clear goals are more likely to be successful. I hold the view that it is extremely significant to set goals.

In theory, many factors may account for my consideration, but the following two are crucial. To begin with, targets are navigation lights for action. As long as our goals are always kept in our minds, we will be highly motivated to forge on regardless of the sweat and hardship. In addition, by setting clear goals we can take control of our own life. It is like having a map to show where we want to go. For example, a driver with a target arrives at the destination without any waste of time and wrong turns. The opposite is not true.

According to all the analysis above, it is advisable for us to take effective ways to set clearly short-term and long-term goals. Only in this way can we embrace a bright future.

Part II Listening Comprehension

| Section | n A | | | | | | | | |
|---------|-------|-------|-----------|-------|-------|-------|-------|-------|-------|
| 1. B | 2. A | 3. D | 4. A 5. D | 6. A | 7. B | 8. A | | | |
| Sectio | n B | | | | | | | | |
| 9. D | 10. B | 11. A | 12. B | 13. A | 14. A | 15. B | | | |
| Sectio | n C | | | | | | | | |
| 16. D | 17. A | 18. B | 19. C | 20. A | 21. C | 22. A | 23. B | 24. D | 25. B |

Part III Reading Comprehension

Section A

26. I 27. A 28. N 29. O 30. C 31. D 32. M 33. J 34. H 35. B

Part IV Translation

参考译文

Taiji quan is a traditional boxing of Han nationality with taiji and the dialectical concept of Yin and Yang as the core of traditional Confucianism and Taoism. It is widely regarded as an elegant, slow-motion therapy art and fitness lifestyle that contribute to physical and mental health. Taji quan has become a symbol of eastern culture and an important bridge and link to promote cultural exchanges between the East and the West. Its creation is another demonstration of the Han's great creativity after the "Four Great Inventions". Inheriting and protecting this traditional boxing is of great significance for carrying forward Chinese traditional culture and improving people's life quality.